

SEED LIST

Edible plant seeds

basil
calendula
chives
dill
lettuces
nasturtiums
parsley
rocket
sunflower
tomatoes

Native bush tucker seeds

apple berry
blueberry flax-lily
native violet
pine-leaved geebung
warrigal greens

SEED BOMB RECIPE

'Seed bombs', densely packed balls made up of seed, fertiliser and potting mix, have been used for centuries as a way of rapidly greening large areas, both urban and rural. Today, guerrilla gardeners toss them over fences to encourage plant growth in urban wastelands.

Seed bombs are not only appealing to mischievous adults, but also a great way to encourage children to get involved in gardening. How can something that involves getting dirty, throwing things and watching plants grow not appeal to kids?!

Tips

- Use a range of different plant seeds in your bombs; small seeds work best, as they bind to the clay more easily. See the seed list (left) for edible plant seeds you could use.
- Be sensible about the plants you choose. Don't use anything that can become invasive, such as noxious weeds or anything in the mint family.
- Consider the time of year you plan to bomb, and what plants would be best sown at that time. Spring is a good time for many edibles, including parsley, lettuce, basil and tomatoes.

Ingredients

- 1 cup potting mix or compost
- 1 cup potter's ball clay (available from craft stores)
- $\frac{1}{4}$ – $\frac{1}{2}$ cup edible plant seeds (this is determined by seed size, for example, $\frac{1}{2}$ cup for large seeds, such as sunflower, and $\frac{1}{4}$ cup for small seeds, such as parsley)
- seaweed solution or water

Method

POTTING MIX

+

CLAY

+

SEEDS



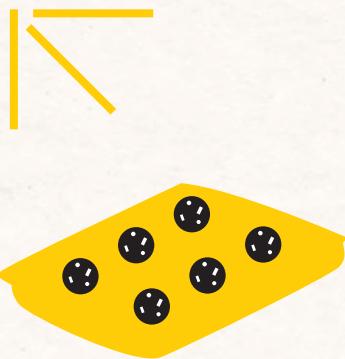
- In a large bowl, mix the potting mix or compost with the clay and seeds until combined.



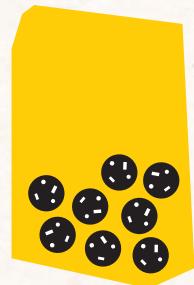
- Add the seaweed solution or water drop by drop to form a dough. Try not to make the balls too wet, or you will end up with a sticky mess!



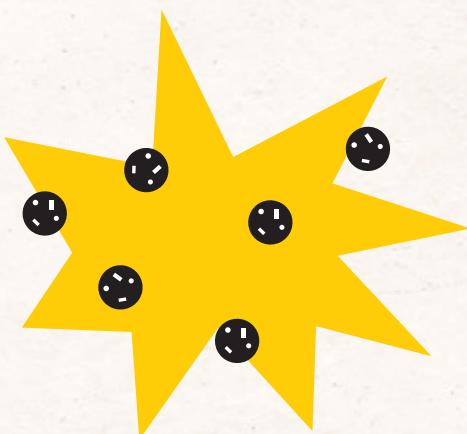
- Using your hands, roll the dough into balls the size of golf balls.



- Place the balls on a sunny windowsill or in a dehydrator to dry as soon as you have finished making them. This prevents the seeds from germinating in the moist clay and compost mixture.



- Once the bombs are completely dry, put them in a bag, then wander around your backyard or neighbourhood and do some bombing!



- The bombs will rest on the ground until there is enough rain to break them down so that the seeds can germinate and the plants begin to sprout.